



cpap
NETWORK

1300 27 27 63

Home Sleep Study Referral Form

Email to hss@cpapnetwork.com.au or fax/email directly to one of our convenient CPAP Network locations. Our Sleep Apnoea Consultants will contact the patient to book an appointment for their Home Sleep Study.

Patient details

First name	Surname	Phone	Mobile
Address		Email	
Suburb/town	State	Postcode	Date of birth
			/ / (DD/MM/YYYY) (must be 18 years or older to be bulk-billed)
Commercial drivers licence (if applicable)	☐ Yes ☐ No	Medicare/DVA Number	Reference number
Gender	☐ Male ☐ Female		
Height	Weight	BMI	Neck circumference
m	kg	kg/m ²	cm
		☐ Medicare Bulk-Billed (no charge to patient) ☐ Private (a \$350 charge will apply)	

Referring doctor's details

Name	Signature
Surgery name	
Address	Date
	/ /
Suburb/town	State
Postcode	Please stamp if available
Phone	
Fax	
Provider number	
Email	

Comorbidities

☐ Atrial fibrillation	☐ Diabetes	☐ Stroke/TIA	☐ Depression
☐ Hypertension	☐ COPD	☐ Cardiac failure	☐ Other

Results required

☐ Standard ☐ Urgent
☐ Email (secure message) ☐ Fax ☐ Hard copy

Please complete either the STOP-BANG Questionnaire OR the OSA 50 Screening Questionnaire AND the Epworth Sleepiness Scale on behalf of patient

STOP-BANG Questionnaire	OR	OSA 50 Screening Questionnaire	
Do you snore loudly?	☐ Yes ☐ No		
Do you often feel tired , fatigued, or sleepy during the daytime?	☐ Yes ☐ No		
Has anyone observed you stop breathing during your sleep?	☐ Yes ☐ No		
Do you have or are you being treated for high blood pressure ?	☐ Yes ☐ No		
Do you have a BMI of more than 35kg/m ² ?	☐ Yes ☐ No		
Are you over the age of 50?	☐ Yes ☐ No		
Is your neck circumference greater than 40cm?	☐ Yes ☐ No		
Gender – are you male?	☐ Yes ☐ No		
Total score (must be ≥ 3 to meet Medicare criteria)		Waist circumference: Male > 102cm, Female > 88cm Has your snoring ever bothered other people? Has anyone noticed you stop breathing during your sleep? Are you aged 50 years or over? Total score (must be ≥ 5 to meet Medicare criteria)	If YES, score: 3 3 2 2

Epworth Sleepiness Scale (ESS)

0 – Would never doze off **1** – Slight chance of dozing off **2** – Moderate chance of dozing off **3** – High chance of dozing off

Sitting and reading	☐ 0 ☐ 1 ☐ 2 ☐ 3
Watching TV	☐ 0 ☐ 1 ☐ 2 ☐ 3
Sitting, inactive in a public place (e.g. waiting room, theatre or meeting)	☐ 0 ☐ 1 ☐ 2 ☐ 3
As a passenger in a car for an hour without a break	☐ 0 ☐ 1 ☐ 2 ☐ 3
Lying down to rest in the afternoon when circumstances permit	☐ 0 ☐ 1 ☐ 2 ☐ 3
Sitting and talking to someone	☐ 0 ☐ 1 ☐ 2 ☐ 3
Sitting quietly after lunch without alcohol	☐ 0 ☐ 1 ☐ 2 ☐ 3
In a car, while stopped for a few minutes in traffic	☐ 0 ☐ 1 ☐ 2 ☐ 3

Total score (must be ≥ 8 to meet Medicare criteria)



cnetwork



cnetwork_coreplus@argus.net.au

CPAP Network clinics conveniently located at:

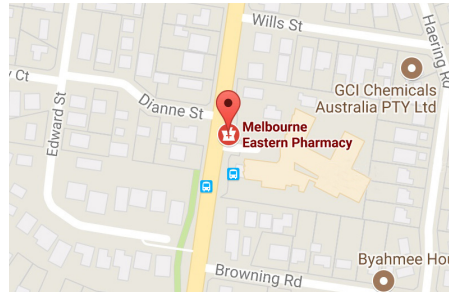
Lilydale

Lilydale Sleep Apnoea Centre
283 Main Street
P: 9739 4174 F: 9739 5672
E: lilydale@cpapnetwork.com.au



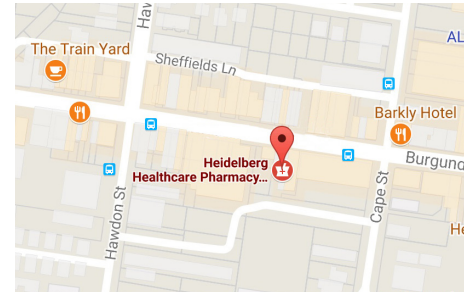
Boronia

Melbourne Eastern Pharmacy
157 Scoresby Road
P: 9839 3377 F: 9839 3378
E: boronia@cpapnetwork.com.au



Heidelberg

Heidelberg Healthcare Pharmacy
119 Burgundy Street
P: 9458 1244 F: 9458 3320
E: heidelberg@cpapnetwork.com.au



Cranbourne

Cranbourne Sleep Apnoea Centre
4/78 High Street (enter via Bakewell St)
P: 5998 8998 F: 5996 8660
E: cranbourne@cpapnetwork.com.au



Mornington

Mornington Sleep Apnoea Centre
Shop 3/193 Main Street
P: 5990 5888 F: 5990 5880
E: mornington@cpapnetwork.com.au



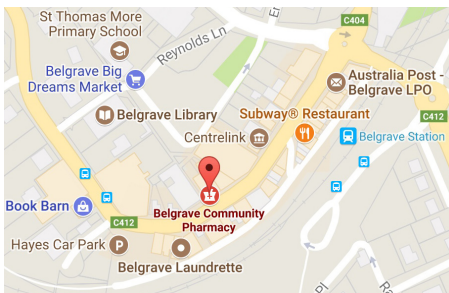
Balwyn North

Greythorn Amcal Pharmacy
297-301 Doncaster Road
P: 9857 7363 F: 9857 9244
E: balwyn@cpapnetwork.com.au



Belgrave

Belgrave Community Pharmacy
1639 Burwood Highway
P: 9754 2001 F: 9752 6012
E: belgrave@cpapnetwork.com.au



Clayton

Clayton Sleep Apnoea Centre
1344 Centre Rd
P: 9546 7014 F: 9739 5672
E: clayton@cpapnetwork.com.au

